



REGENT EDUCATION AND RESEARCH FOUNDATION GROUP OF INSTITUTIONS



ORGANIZED BY INTERNAL COMMITTEE

Awareness Program on

WELLBEING OF OUR DAILY LIFE



Mr. SUKANTA KUMAR MITRA

Guest Speaker

Psychological Counsellor



Ms. SUDESHNA CHANDRA

Guest Speaker

Psychological Counsellor



Venue : Seminar Hall

Date : 10th September, 2025

Time : 02:00 PM