

REGENT EDUCATION AND RESEARCH FOUNDATION GROUP OF INSTITUTIONS



ORGANIZED BY INTERNAL COMMITTEE

Awareness Program on

WELLBEING OF OUR DAILY LIFE





Mr. SUKANTA KUMAR MITRA

Guest Speaker

Psychological Counsellor



Ms. SUDESHNA CHANDRA

Guest Speaker

Psychological Counsellor



A PUBLIC Charitable Trust Nurturing Mental Health, Developing Life Skills and Advocating Legal Issues. Venue : Seminar Hall Date : 10th September, 2025

Time: 02:00 PM